

What makes a good relationship?



RESPECT

A friend will never push you to do something you're not comfortable doing.



TRUST

A friend should trust you to be around other friends without feeling jealous.



EQUALITY

If you're being controlled or you're afraid of your friend/partner, something is wrong.



SUPPORT

A friend should be happy for you when good things happen and sad for you when bad things happen.



IDENTITY

Being with someone shouldn't feel you're losing your own identity.



CONSENT

No means no, even if you usually say yes, even if you said yes before but you've changed your mind.